

Agenda

Time	Topic	Speakers / Moderator
10.00-10.05	Welcome	
10.05-10.15	Opening remarks - Dr. Huang, Jian-Pei (TW) and Dr. Subrat Ray	
10.15-10.20	Session 1: Empowering and Navigating Patient-Centered Contraceptive Counseling and Clinical Challenges – co-chair by Dr. Huang, Jian-Pei (TW) and Prof. Unnop Jaisamrarn (TH)	
10.20-10.40	Empower & Navigate: Practice Patient-Centered Contraceptive Counseling	Dr. Tancinco, Eileen Grace (PH)
10.40-11.00	Counseling on the Clock: Strategies for Implant Discussions in Daily Practice	Dr. Nguyễn Bá Mỹ Nhi (VN)
11.00-11.20	Medfluencers Bust Myths Around LARC and Implants	Dr Talat Uppal (AU)
11.20-11.50	Q&A and panel discussion	All panelists
11.50-13.15	Lunch	
13.15-13.20	Session 2: Bridging Gaps in Contraceptive Practice: Navigating Post-Implant Journeys and Clinical Challenges – co-chair by Prof. Jamiyah Binti Hassan (MY) and Dr. Wu, Wen-Yih (TW)	
13.20-13.50	Understanding Atypical Bleeding with Contraceptive Implant: Mechanisms and Solutions	Dr. Diana Mansour (UK)
13.50-14.10	Clinical Update: Contraceptive Challenges and Gaps in Women with Obesity	Dr. Chong, Kian-Mei (TW)
14.10-14.30	Post-Implant Insertion Patient Journey: Best Practice and Practical Approaches - case sharing	Prof. Unnop Jaisamrarn (TH)
14.30-15.00	Q&A and panel discussion	All panelists
15.00-15.25	Break	
15.25-15.30	Session 3: Integrating Implant in Clinical Practices: Bridging Competency and Confidence – Moderated by Dr. Diana Mansour (UK)	
15.30-16.00	Thailand's Multidisciplinary Approach: Expanding Contraceptive Access Through Training	Prof. Unnop Jaisamrarn (TH)
16.00-16.25	Practical Approaches for Implant Training and Managing Referral Pathways - Insights from Malaysia	Dr. John Teo (MY)
16.25-16.50	Q&A and panel discussion	All panelists
16.50-17.00	Closing Remark and post event survey	Dr. Jian-Pei Huang (TW)



Diana Mansour, MD, FRCOG, FFSRH, DIPM

Consultant in Community Gynecology and Reproductive Healthcare | Associate Clinical Lecturer | Published Author

- Dr. Diana Mansour is a consultant in Community Gynecology and Reproductive Healthcare in Newcastle upon Tyne.
- She is an Associate Clinical Lecturer at Newcastle University and was Senior Vice President at the Faculty of Sexual and Reproductive Healthcare of the Royal College of Obstetricians and Gynecologists. Diana currently sits on the FSRH UKMEC steering group and guideline development group.
- She is a British Menopause Society recognized specialist leading recently on the development of the Menopause Guidance for the North of England.
- Diana is first author to over 100 peer-reviewed publications and co-wrote 'Contraception Made Easy' with Dr Laura Percy for those working in general practice and family medicine.
- Her expertise include contraceptive acceptability, non-contraceptive benefits of contraception, development of long-term methods of contraception, medical management of heavy menstrual bleeding and management of the menopause.



Eileen Grace F. Tancinco, RPh, MD, MSc, FPOGS

Head, Family Planning Unit, Quirino Memorial Medical Center, Philippines

- Assistant Professor V, College of Medicine, University of the East Ramon Magsaysay Medical Center
- Technical Adviser, FP Technical Working Group, The Philippine Family Handbook 2023
- Member, POGS Task Force on Family Planning



Prof. Dr. Jamiyah Binti Hassan

Consultant in Fetomaternal medicine, Dept. of OBGYN, Hospital Al-Sultan Abdullah, UiTM Puncak Alam, Faculty of Medicine Universiti Teknologi MARA, Sg Buloh Campus. Malaysia.

- Prof. Jamiyah Hassan is a prominent Fetomaternal Specialist and Consultant in the Dept. of Obs and Gynae at the Faculty of Medicine, University Teknologi MARA (UiTM), Selangor, Malaysia.
- She holds several key administrative roles, including leadership in the Labor ward at Hospital Al-Sultan Abdullah and serving as the Co-chair for the Jawatankuasa Wad Bersalin.
- Her area of expertise include high risk obstetrics, evaluation and intervention of fetus in-utero. She also have special interests in women's health including contraception, menopause and vaccination
- Her extensive medical career includes prior service as a Senior OBGYN Fetomaternal Consultant at the University of Malaya until her retirement in January 2020. Additionally, she has held various administrative positions and actively contributed to professional committees, especially within the field of obstetrics and gynaecology in Malaysia and internationally.



Dr Talat Uppal

Consultant in Fetomaternal medicine, Dept. of OBGYN, Hospital Al-Sultan Abdullah, UiTM Puncak Alam, Faculty of Medicine Universiti Teknologi MARA, Sg Buloh Campus. Malaysia.

- Dr Talat Uppal is an Obstetrician & Gynaecologist with a DDU, who works at the Macquarie University Hospital, Northern Beaches and Hornsby Ku-ring-gai Hospitals as a Visiting Medical Officer.
- She is the Director of Women's Health Road (RACGP accredited practice) and has set up an innovative integrated multidisciplinary model with a strong patient centred approach to women's health care.
- Her niche interest is the management of women with abnormal menstrual bleeding (AUB) and has founded Australia's first AUB management Hub. She has also organised a co located charity that has a Bleed Better initiative and is advocating for an International Heavy Menstrual Bleeding(HMB) Day to raise awareness of HMB that affects 25% of women of reproductive age.
- She is a Clinical Senior lecturer in Obstetrics and Gynaecology at Macquarie University.
- Her previous, decade long role was based at Manly and Mona Vale Hospitals, as a Senior Obstetrics Staff Specialist and Clinical Director of Women's, Children & Family health.
- She is the past Chair of both the NSW State Reference Committee and NSW RANZCOG Education Subcommittee.
- She is a Fellow of the Australian Association for Quality in Health Care as well as a Fellow of the Australasian College of Health Service Management
- She is a clinical educator and passionate about supporting the role of General Practitioners in the Women's health context.
- She is one of the RANZCOG media spokespersons. With the WHR team, she has developed a AI supported, digitally empowered national AUB pathway,



Prof. Unnop Jaisamrarn, MD, MHS

President, Thai Menopause Society | President-Elect, Asia Pacific Menopause Federation

- President, Thai Menopause Society
- Past President, Thai Osteoporosis Foundation
- President-Elect, Asia Pacific Menopause Federation
- Council Member, Asian Federation of Osteoporosis Societies
- Chairman, Sexual & Reproductive Health Committee, Asia & Oceania Federation of Obstetrics & Gynaecology
- Steering Committee Member, CAMS, International Menopause Society
- Member of South-East Asia Regional Technical Advisory Group, WHO
- Committee Member of Research Project Review Panel, Department of Reproductive Health and Research, WHO
- He earned his medical degree with first-class honors from Chulalongkorn University, completed postgraduate training in Obstetrics and Gynaecology, and holds a Master of Health Science in Reproductive Health from Johns Hopkins University. His international training includes epidemiology studies in the U.S. and reproductive endocrinology at Johns Hopkins Hospital.



Dr. John Teo Beng Ho, MBBS, FRCOG

- Dr John Teo Beng Ho is an Obstetrician and Gynaecologist in private practice based in Kota Kinabalu, Sabah, Malaysia.
- He is a Fellow of the Royal College of Obstetricians & Gynaecologists (RCOG).
- He is the Coordinator and Lead Contributor for the Obstetrical and Gynaecological Society of Malaysia (OGSM) CREATE Contraceptive Course and OGSM Long-Acting Reversible Contraceptive Guidelines for Malaysia.
- Dr John Teo is also the former Chairperson for OGSM Family Planning & SRH Subcommittee and also the Advisor of Sexual and Reproductive Health (SRH) Committee of The Asia & Oceania Federation of Obstetrics & Gynaecology (AOFOG). He is an SRH activist and have lifelong interest in contraceptive care.



Dr. Nguyễn Bá Mỹ Nhi, Level II Specialist

*Director of Center of Obstetrics and Gynecology
Tam Anh Hospital, Ho Chi Minh City, Viet Nam*

- Has **35+ years of experience** in obstetrics and gynecology
- Former **Deputy Director of Tu Du Hospital**, and a pioneer in **training and technology transfer** for advanced obstetrics and gynecology across Vietnam and Southeast Asia.
- Recognized as a **leading expert in family planning**, especially in **contraceptive implants** with extensive experience in clinical application and training.
- Frequent **speaker at national, international congresses** and active contributor to national and regional OB-GYN scientific communities.
- **Runs a private OB-GYN clinic**, delivering accessible, high-quality care to working professionals **outside regular hospital hours**.



Dr. M. Dwi Priangga, SpOG, Subsp FER

- Dr. Angga is a Consultant Obstetrician-Gynecologist at RSAB Harapan Kita, the National Mother and Child Hospital in Jakarta
- CEO and Head Clinic of Kato Ojin IVF Centre, Jakarta.
- Lecturer in reproductive health and obstetrics and gynecology at the Faculty of Medicine, Universitas Indonesia – RSCM.
- He serves as Secretary of the Family Planning & Reproductive Health Division of the Indonesian Society of Obstetrics and Gynecology (POGI) and is a member of its Family Planning Task Force
- He is a certified national trainer for contraceptive implants and has over eight years of experience training healthcare providers nationwide. He actively supports national reproductive health initiatives and frequently serves as faculty in workshops organized by POGI, BKKBN, and the Ministry of Health.
- Dr. Angga is also an active member of several international professional societies, including the Asia Pacific Initiative on Reproduction (ASPIRE), the International Society for Gynecologic Endoscopy (ISGE), and the European Society of Human Reproduction and Embryology (ESHRE).



Dr. Huang, Jain-Pei

*Director of Gynecology department at MacKay Memorial Hospital;
Secretary-General, Taiwan Association of Obstetrics and Gynecology*

- **Expertise**

- General Obstetrics and Gynecology, Perinatal Medicine, Preterm Birth Prevention, Menopausal Medicine

- **Medical Experience**

- Senior Attending Physician, Department of Obstetrics and Gynecology, Mackay Memorial Hospital
- Board-Certified Specialist and Secretary-General, Taiwan Association of Obstetrics and Gynecology
- Board-Certified Specialist and Executive Director, Taiwan Society of Perinatology
- Board-Certified Specialist and Executive Director, Taiwan Society of Gynecology
- Assistant Professor Accredited by the Ministry of Education



Dr. Wu, Wen-Yih

*Chief of Gynecology at Far Eastern Memorial Hospital;
Clinical Assistant Professor at Fu Jen Catholic University Taiwan*

- **Expertise**

- Urinary Incontinence, Pelvic Organ Prolapse, Prenatal examination & Delivery, Gynecological oncology, Minimal Invasive Surgery, Menopausal syndrome

- **Medical Experience**

- Resident, Department of Obstetrics & Gynecology, National Taiwan University Hospital
- Chief Resident, Department of Obstetrics & Gynecology, National Taiwan University Hospital
- Fellow, Division of Gynecology, Department of Obstetrics & Gynecology, National Taiwan University Hospital



Dr. Chong, Kian-Mei

Deputy Director, Dianthus MFM Clinic

- **Expertise**

- Perinatal Medicine, High-Risk Pregnancy, Obstetric Surgery, Cervical Cancer Screening and Prevention, Minimally Invasive Uterine and Ovarian Surgery, Single-Port Laparoscopic Surgery, Hysteroscopic Surgery, Gynecologic Tumors

- **Medical Experience**

- Attending Physician, Department of Obstetrics and Gynecology, Shin Kong Wu Ho-Su Memorial Hospital
- Board-Certified Specialist in Obstetrics and Gynecology, Taiwan
- Board-Certified Specialist, Perinatal Medicine Society of the Republic of China (Taiwan)
- Board-Certified Specialist, Society of Medical Ultrasound, Republic of China (Taiwan)
- Member, Taiwan Urogynecology and Pelvic Floor Medicine Association
- Certified Menopausal Hormone Therapy Prescribing Physician, Menopause Society
- Physician Member, Taiwan Association for Minimally Invasive Gynecologic Surgery